

Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegetarian Day Veggie Hot Dog in a Bun With Ketchup and Fried Onions	Tuna and Tomato Pasta Bake	BBQ Chicken Wings	Shepherd's Pie (Lamb)	Oven Baked Battered Fish Fillet
Vegetarian Dish		Roasted Pepper, Tomato and Basil Pasta	Crispy Baked Vegetarian Empanada	Vegetarian, Vegetable and Lentil Shepherds' Pie	Spanish Omelette or Vegetable Samosa
Starchy Dish	Pasta Salad with Diced Peppers and Sweet Corn	With Main Meal	Roasted Baby Potatoes	With Main Meal	Chunky Chips
Vegetable	Winter Coleslaw	Corn on The Cob	Broccoli & Peas	Green Beans & Carrots	Peas Baked Beans
Salad	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection
Dessert	Short bread Biscuits	Fruit Salad	Red Velvet Cake (Chocolate and Beetroot) with Chocolate Sauce	Fresh Fruit Patter	Apple Flapjacks
Fruit	Selection of Fruit or Yoghurt	Yoghurt	Fruit Selection	Yoghurt	Fruit Selection
Drink	Water / Milk	Water / Milk	Water / Milk	Water / Milk	Water / Milk