



St John of Jerusalem
Church of England Primary School

Lunch Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	<u>Vegetarian Day</u> Tomato Penne Pasta (5 vegetable sauce with Red Lentils)	Sausage and Mash with Onion Gravy	Sticky Soy and Honey Roasted Chicken Thigh	Minced Beef Pie	Cod Fish Fingers or Salmon Fish Fingers
Vegetarian Dish		Quorn Sausage and Mash with Onion Gravy	Mixed Vegetables, Quorn, and Stir-Fry	Winter Vegetable Pie	Vegetable Burger (Vegan)
Starchy Dish	With Main Meal	With Main Meal	Coriander Rice	Buttered Baby Potatoes	Oven Baked Chips
Vegetable	Sweetcorn with Diced Roasted Sweet Peppers	Peas & Carrots	Broccoli and Green Beans	Steamed Savoy Cabbage	Baked Beans and Peas
Salad	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection
Desert	Fresh Fruit Platter	Chocolate Brownie	Strawberry and Pineapple Jelly (vegetarian)	Toffee Apple Crumble with Custard	Fresh Fruit Salad
Fruit	Yoghurts	Fruit Selection	Fruit Selection	Fruit Selection	Yoghurt
Drink	Water / Milk	Water / Milk	Water / Milk	Water / Milk	Water / Milk